

Curriculum Vitae

Jessica L. Rogers, MA, LPC

Mailing Address:
990 Hwy 287 N, Suite 106, #353
Mansfield, Texas 76063
Fax (817) 394-1207

Physical Address:
601 Strada Circle, Suite 107
Mansfield, Texas 76063
Office (817) 842-9109

Present Position

Licensed Professional Counselor
(Texas State License Number 63518)

Practice includes, but is not limited to

Adolescents: Individual Therapy, Family Therapy, Various Assessments

Adults: Individual Therapy, Marital Therapy, Family Counseling, Parent Training, Divorce Mediation, Career Counseling and Assessments

Couples and Family: Functional Family Therapy, Gottman Methods, Relational Assessments

Family (Domestic) Law Cases: Social Studies for Child Custody, Divorce, Step Parent Adoption, MHP of Collaborative Divorce, Supervised Visitations

*For specializations please visit www.solutionscounseling4u.com

Training & Internships

2016 *Beyond the 4 Letter Code: Exploring Psychological Type* by Jule Jaye Williams

2015 *New Law, New Regs – The Nuts and Bolts of Custody Evaluations* by Benjamin Albritton, PsyD, ABPP; Paul Andrews, PhD, ABPP, and Tim Branaman, PhD, ABPP

2015 *Hope Series: Criminal Minds: What are We Up Against?* By Kelly Bellamy, BSW, LCDC, Stefam Ateek, LMSW-AP, LMFT, LCDC, and James Guinn, LPC-S

2014 *Hope Series Training Series: Stress, Depression & Anxiety* by Charles Yates, LCSW, Diana Valdez PHD, LPC, James Turnage, MA, LPC-S, and Jenny

- Lee, PHD, MPH, CHES
- 2014 **Successful completion of 32 hour training conference for *Divorce Mediation Certification* through Conflict Resolution Training, Inc. as presented by Susan Deveney.**
- 2014 ***Hope Series Training Series: Shame Resiliency* by Judith Alexander, MS, LPC-S, Debbie Dunbar MS, LPC, and Maggie Eckhart, PHD**
- 2013 ***Building Resilience: Children and Trauma***
- 2013 ***Goal Setting for Private Practice – Understanding the Affordable Care Act with Therapist Consultants, LLC***
- 2013 ***The DSM-5: A Review* with Dr. Tom Burdenski, Ph.D, LPC, LMFT**
- 2013 ***Management by Statistics* with Therapist Consultants, LLC**
- 2013 ***Ethical Office/Patient Procedures* with Therapist Consultants, LLC**
- 2013 ***Managing Practice Finances* with Therapist Consultants, LLC**
- 2012 **[*Sexual Issues - Diagnosis and Treatments \(5ce\)*](#) with Zurr Institute**
- 2012 ***Goal Setting for Private Practice* with Therapist Consultants, LLC**
- 2012 ***Eating Disorders and Treatment* with Jennifer Pereira, RD, LD, CSCS**
- 2012 ***Anger Management* by Charles Yates, LCSW**
- 2012 ***Management by Statistics* with Therapist Consultants, LLC**
- 2012 ***A Review of Selected Advancements in Couple’s Counseling* with Lezlie Burwell-Pender, Ph.D, LPC-S, NCC**
- 2012 ***Domestic Violence 101* with Steffani Strawbridge**
- 2012 ***ADD in Adults, Adolescents & Children: Prescription for Success* with J. Mike White, MD**
- 2012 ***Ethical Office/Patient Procedures* with Therapist Consultants, LLC**
- 2012 ***Suicide: Stopping a Silent Epidemic* with Lynn Smith, M.Ed., LPC**
- 2012 ***Managing Practice Finances* with Therapist Consultants, LLC**

- 2011** *Goal Setting for Private Practice* with Therapist Consultants, LLC
- 2011** *Ethics* with Therapist Consultants, LLC
- 2011** Completed *Adventures in Clinical Ethics* with Carol Mapp, LCSW
- 2011** Completed *Philosophies in Care, Navigating Child & Youth Treatment* with Dr Sejal Metha, MD
- 2011** Completed *Navigating Through Mood Disorders* with Dr. Zaidi Wasiq
- 2010** Completed *Bridging the Gap: Research, Practice Policy, A Symposium of Effective Mental Health Treatments for Children and Adolescents*, LPC Provider #562
- 2010** Completed *Intervention Between Two Homes* training by Bradley S. Craig, LMSW, CFLE
- 2010** Presentation of *Functional Family Therapy* for Mansfield Networking Group as requested through Millwood Hospital
- 2010** Certificate in Motivational Interviewing
- 2010** Completed *Post Traumatic Stress Disorder* training by Dr. Pat Rabjohn
- 2010** Completed *The Magic Blend: Creating a Culture of Community & Challenge* By Dr. Joann Deak, LPC Provider #1753
- 2010** Completed *Parenting and Treating the Challenging Child* by Dr. Katherine Leslie, LPC Provider #1063
- 2010** Completed *Abuse Prevention Systems Child Sexual Abuse Training*
- 2009** Completed *Bridging the Gap: Research, Practice and Policy, A Symposium on Effective Health Treatments for Children and Adolescents*, LPC Provider # 562
- 2009** Completed *Abuse Prevention Systems Child Sexual Abuse Training*
- 2009** Completed *Parenting 101*
- 2009** Completed *From Where I Am: A Discussion of Cultural Biases*
- 2009** Completed *Collaborative Law Training* as an MHP

- 2009** Completed *Living and Working with Challenging Children* by Dr. Katherine Leslie, SW # CS-1974
- 2008** Completed *Pharming & Generation RX: Understanding Prescription and Over the Counter Drug Abuse and Its Impact on Adolescents*, LPC Provider # 1753
- 2008** Completed *Cognitive Behavioral Therapy Training*, SW Provider CS4532
- 2008** Completed *Healing the Traumatized Child I, The Science of Knowing What Works* by Dr. Bruce Perry, SS Provider # CS-4532
- 2008** Completed *Healing the Traumatized Child II, The Science of Knowing What Works* by Dr. Bruce Perry, SS Provider # CS-4532
- 2008** Completed *Using Art as an Assessment*, LPC Provider #113
- 2008** Completed *Neurobiology of Girls* by Dr. Joann Deak, LPC Provider # 1753
- 2008** Completed *2nd Annual Symposium: Bridging the Gap*
- 2008** Completed *Legal Issues in Behavioral Health in Texas*, LPC Provider # 5592
- 2008** Completed *Alternatives to Family Violence Program*

2007-2010 Training in Evidenced Based Practice, *Functional Family Therapy* by Dr. Alexander

- 2007** M.A. Dallas Baptist University
Internship as an individual and family therapist
- 2007** Millwood Hospital
Arlington, Texas
Internship PRN adolescent therapist
Training included leading groups, family counseling, treatment planning, and performing assessments, especially in regard to crisis
- 2007** Lena Pope Home
Fort Worth, Texas
Internship as an individual and family therapist
Training included individual and family therapy, treatment planning, additional training, and performing assessments

- 2007** **Ferrell Family Counseling**
Arlington, Texas
Internship as an individual and family therapist
- 2007** **Completed Bridging the Gap: Research, Practice and Policy: A Symposium of Effective Health Treatments for Children and Adolescents, LPC Provider # 562**
- 2007** **Completed *Discovery Strength through Cultural Competency*, SW Provider #CS4532**

Education

- 2007** **Dallas Baptist University**
Master's Degree in Counseling
Minor: Marriage & Family Therapy
Licensed Professional Counselor Certification in the State of Texas
Certified in Family Functional Therapy
- 2000** **Texas Christian University**
Bachelor's Degree in Education
Minor: Special Education
Texas Educator Certificate for Elementary Self- Contained Classroom (Grades 1-8)
Texas Educator Certificate for Generic Special Education (Grades PK-12)
- 1998** **Tarrant County College**
Associate's Degree in Art
Minor: General Studies

Clinical Experience

2010 - Current **Solutions Counseling**
www.solutionscounseling4u.com
Private Practice – Mansfield, Texas

2008 – Current **Social Study Solutions**
www.socialstudysolutions.com
Private Social Studies for Adoption and Child Custody Evaluations – Mansfield, Texas

2007 – 2011 **Lena Pope Home**

*Functional Family Therapist for Tarrant County Juvenile Probation as Partners
First Offenders Program
Pilot Project Evaluator as partnered with Keller ISD and Tarrant County Courts to Help End Truancy*

2007 **Lena Pope Home**
Consultant and Evaluator for Tarrant County Court, Precinct 1
Alongside Judge Swearingen, assisted with project with Keller
ISD attempting to reduce truancy through social studies and
making referrals to appropriate programs in lieu of fines.

2007 – 2008 **Millwood Hospital**
Individual Adolescent and Family Treatment Planner,
Psychotherapist, and Group Leader

Research Experience

- **Hand in Hand Journal Club, Reviewing the recent scientific literature on each of 4 clinical interventions proven effective for young children (ages 0-6) : Nurse-Family Partnership, Parent-Child Interactive Therapy (PCIT), the High/Scope Curriculum, and Incredible Years**

Honors and Organizations

2015	Mansfield, Texas Counselor of the Year 2015
2014	Mansfield, Texas Counselor of the Year 2014
2010	Biltmore's Who's Who Among Executive & Professional Women
2009 – 2011	Member of Professional Advocate of Tarrant County's United Way
2009 – 2011	Member of the Collaborative Law Institute of Texas
2008 - Current	Member of the American Counseling Association
2007	Biltmore's Who's Who Among Executive & Professional Women
2005 – 2006	Who's Who Among America's Teachers

Personal

Mother of two children:

- 1998 Ariel Haleigh Rogers, is a student in Mansfield ISD. She is 17 years old and is in the 12th grade. Ariel has participated in activities such as gymnastics, soccer, cheerleading, and modeling. She is an A/B student enrolled in AP classes at school with creative talents, many friends, and a vibrant personality. She is currently an officer of Student Council and on the Varsity Cheerleading Squad for the 2nd year. She is currently deciding on where to attend college in the Fall of 2016.**
- **Ayden Michael Rogers, is a student in the Mansfield ISD. He is 13 years old and in the 8th grade. He is a mostly A/B student, though has trouble with focus and attention due to his ADHD symptoms. Ayden races go karts, plays baseball, football and has participated in such activities as soccer, karate, and has taken lessons on the drums and guitar. He is a child with lots of energy who enjoys school, playing video games, riding his long board, and hanging with his friends and family.**

Marriage:

Married to husband, David V. Rogers, who has been a business owner in North Richland Hills, Texas and Fort Worth, Texas for the past 22 years. We will celebrate our 16 year anniversary in February 2016, though we have been together since 1995.