

## Curriculum Vitae

Jessica L. Rogers, MA, LPC

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### Present Position

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**Licensed Professional Counselor, Psychotherapist, Adoption/Child Custody Evaluator**  
(Texas State License Number 63518)

**Practice includes, but is not limited to**

**Adolescents:** Individual Therapy, Family Therapy, Group Therapy, Various Assessments

**Adults:** Individual Therapy, Marital Therapy, Family Counseling, Parent Training, Family Divorce Transition Counseling, Career Counseling and Assessments

**Family (Domestic) Law Cases:** Social Studies/Evaluations for Child Custody, Divorce, Step Parent Adoption, MHP of Collaborative Divorce, Supervised Visitations

\*For specializations please visit [www.solutionscounseling4u.com](http://www.solutionscounseling4u.com) or [www.socialstudysolutions.com](http://www.socialstudysolutions.com)

### Training & Internships

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**2019** *Specialized Violence – Child Abuse & Neglect* by Dr. Brianne L. Layden, PHD

**2019** *Highlights of 2018 in Family Court Research: FCR and More* by Robert E. Emery

**2019** *Alcoholism & the Family Dynamic* by Lisa Hinson

**2018** *The Do's & Don't of Private Practice* by Jessica L. Rogers, MA, LPC as sponsored by North Texas Counseling Association

**2018** *Art Therapy: Hands-on Approaches to Assessment, Diagnosis and Treatment* by Ellen G. Horovitz, PHD, LCAT, ATR-BC, E-RYT, LFYP, C-IAT

**2018** *DSM-5 Differential Diagnosis: Four Steps to Accurate Diagnosis* by Margaret L. Bloom, PH.D.

- 2017** *Domestic Violence: Psychological Impact and Treatment for Victims Home Study* by Lenore E.A. Walker, ED.D., ABPP
- 2017** *Digital Ethics, Security & Privacy in Psychotherapy Practice Management* by Zurr Institute, Inc.
- 2017** *Cognitive Behavioral Therapy Certificate Course – 3-Day Intensive Training* by John Ludgate, Ph. D.
- 2016** *Children of Divorce and Blended Families* by Madi Wend, MS, LPC, NCC, GCC
- 2016** *Family Fracture: From a Child’s Eye* by Kim Garrett, LCSW. MBA, Megan Lee, LPC-S, and Don Mansfield, BCBC, QDM
- 2016** *Beyond the 4 Letter Code: Exploring Psychological Type* by Jule Jaye Williams
- 2015** *New Law, New Regs – The Nuts and Bolts of Custody Evaluations* by Benjamin Albritton, PsyD, ABPP; Paul Andrews, PhD, ABPP, and Tim Branaman, PhD, ABPP
- 2015** *Hope Series: Criminal Minds: What are We Up Against?* By Kelly Bellamy, BSW, LCDC, Stefam Ateek, LMSW-AP, LMFT, LCDC, and James Guinn, LPC-S
- 2014** *Hope Series Training Series: Stress, Depression & Anxiety* by Charles Yates, LCSW, Diana Valdez PHD, LPC, James Turnage, MA, LPC-S, and Jenny Lee, PHD, MPH, CHES
- 2014** Successful completion of 32-hour training for *Divorce Mediation Certification* through Conflict Resolution Training, Inc. as presented by Susan Deveney.
- 2014** *Hope Series Training Series: Shame Resiliency* by Judith Alexander, MS, LPC-S, Debbie Dunbar MS, LPC, and Maggie Eckhart, PHD
- 2013** *Building Resilience: Children and Trauma*
- 2013** *Goal Setting for Private Practice – Understanding the Affordable Care Act with Therapist Consultants*, LLC
- 2013** *The DSM-5: A Review* with Dr. Tom Burdenski, Ph.D, LPC, LMFT
- 2013** *Management by Statistics* with Therapist Consultants, LLC
- 2013** *Ethical Office/Patient Procedures* with Therapist Consultants, LLC

- 2013** *Managing Practice Finances* with Therapist Consultants, LLC
- 2012** *Sexual Issues - Diagnosis and Treatments (5ce)* with Zurr Institute
- 2012** *Goal Setting for Private Practice* with Therapist Consultants, LLC
- 2012** *Eating Disorders and Treatment* with Jennifer Pereira, RD, LD, CSCS
- 2012** *Anger Management* by Charles Yates, LCSW
- 2012** *Management by Statistics* with Therapist Consultants, LLC
- 2012** *A Review of Selected Advancements in Couple's Counseling* with Lezlie Burwell-Pender, Ph.D, LPC-S, NCC
- 2012** *Domestic Violence 101* with Steffani Strawbridge
- 2012** *ADD in Adults, Adolescents & Children: Prescription for Success* with J. Mike White, MD
- 2012** *Ethical Office/Patient Procedures* with Therapist Consultants, LLC
- 2012** *Suicide: Stopping a Silent Epidemic* with Lynn Smith, M.Ed., LPC
- 2012** *Managing Practice Finances* with Therapist Consultants, LLC
- 2011** *Goal Setting for Private Practice* with Therapist Consultants, LLC
- 2011** *Ethics* with Therapist Consultants, LLC
- 2011** Completed *Adventures in Clinical Ethics* with Carol Mapp, LCSW
- 2011** Completed *Philosophies in Care, Navigating Child & Youth Treatment* with Dr Sejal Metha, MD
- 2011** Completed *Navigating Through Mood Disorders* with Dr. Zaidi Wasiq
- 2010** Completed *Bridging the Gap: Research, Practice Policy, A Symposium of Effective Mental Health Treatments for Children and Adolescents*, LPC Provider #562
- 2010** Completed *Intervention Between Two Homes* training by Bradley S. Craig, LMSW, CFLE
- 2010** Presentation of *Functional Family Therapy* for Mansfield Networking Group as requested through Millwood Hospital
- 2010** Certificate in Motivational Interviewing

- 2010 Completed *Post Traumatic Stress Disorder* training by Dr. Pat Rabjohn
- 2010 Completed *The Magic Blend: Creating a Culture of Community & Challenge* By Dr. Joann Deak, LPC Provider #1753
- 2010 Completed *Parenting and Treating the Challenging Child* by Dr. Katherine Leslie, LPC Provider #1063
- 2010 Completed *Abuse Prevention Systems Child Sexual Abuse Training*
- 2009 Completed *Bridging the Gap: Research, Practice and Policy, A Symposium on Effective Health Treatments for Children and Adolescents*, LPC Provider # 562
- 2009 Completed *Abuse Prevention Systems Child Sexual Abuse Training*
- 2009 Completed *Parenting 101*
- 2009 Completed *From Where I Am: A Discussion of Cultural Biases*
- 2009 Completed *Collaborative Law Training* as an MHP
- 2009 Completed *Living and Working with Challenging Children* by Dr. Katherine Leslie, SW # CS-1974
- 2008 Completed *Pharming & Generation RX: Understanding Prescription and Over the Counter Drug Abuse and Its Impact on Adolescents*, LPC Provider # 1753
- 2008 Completed *Cognitive Behavioral Therapy Training*, SW Provider CS4532
- 2008 Completed *Healing the Traumatized Child I, The Science of Knowing What Works* by Dr. Bruce Perry, SS Provider # CS-4532
- 2008 Completed *Healing the Traumatized Child II, The Science of Knowing What Works* by Dr. Bruce Perry, SS Provider # CS-4532
- 2008 Completed *Using Art as an Assessment*, LPC Provider #113
- 2008 Completed *Neurobiology of Girls* by Dr. Joann Deak, LPC Provider # 1753
- 2008 Completed *2<sup>nd</sup> Annual Symposium: Bridging the Gap*
- 2008 Completed *Legal Issues in Behavioral Health in Texas*, LPC Provider # 5592
- 2008 Completed *Alternatives to Family Violence Program*
- 2007-2010 Training in Evidenced Based Practice, *Functional Family Therapy* by

**Dr. Alexander**

- 2007 M.A. Dallas Baptist University  
Internship as an individual and family therapist**
- 2007 Millwood Hospital  
Arlington, Texas  
Internship PRN adolescent therapist  
Training included leading groups, family counseling, treatment planning, and performing assessments, especially in regard to crisis**
- 2007 Lena Pope Home  
Fort Worth, Texas  
Internship as an individual and family therapist  
Training included individual and family therapy, treatment planning, additional training, and performing assessments**
- 2007 Ferrell Family Counseling  
Arlington, Texas  
Internship as an individual and family therapist**
- 2007 Completed Bridging the Gap: Research, Practice and Policy: A Symposium of Effective Health Treatments for Children and Adolescents, LPC Provider # 562**
- 2007 Completed *Discovery Strength through Cultural Competency*, SW Provider #CS4532**

**Education**

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- 2007 Dallas Baptist University  
Master's Degree in Counseling  
Minor: Marriage & Family Therapy  
Licensed Professional Counselor Certification in the State of Texas  
Certified in Family Functional Therapy**
- 2000 Texas Christian University  
Bachelor's Degree in Education  
Minor: Special Education  
Texas Educator Certificate for Elementary Self- Contained Classroom (Grades 1-8)  
Texas Educator Certificate for Generic Special Education (Grades PK-12)**
- 1998 Tarrant County College  
Associate's Degree in Art  
Minor: General Studies**

## Clinical Experience

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- 2010 - Current**      **Solutions Counseling**      [www.solutionscounseling4u.com](http://www.solutionscounseling4u.com)  
*Private Practice – Mansfield, Texas*  
*Assessment and Creation of Individualized Plans of Care for Wellness for Individuals and their Families by Incorporating and Teaching to the Best Practices for the 10 Pillars of Life – Intellectual/Occupational Well Being, Environmental Security, Recreational Contentment, Financial Stability, Social Health, Physical Wellness, Interpersonal Communication Skills & Relationship Management, Psychological Well Being, Sexual Well Being, Physical Health, as well as how to attain Spiritual and Psychological Balance*
- 2008 – Current**      **Social Study Solutions**      [www.socialstudysolutions.com](http://www.socialstudysolutions.com)  
*Private Social Studies for Adoption and Child Custody Evaluations – Mansfield, Texas*  
*Includes Management and Coordination of Services for the Families for Overall Wellness for Family Court Judges*
- 2007 – 2011**      **Lena Pope Home**  
  
*Functional Family Therapist for Tarrant County Juvenile Probation as Partners*  
*First Offenders Program*  
*Pilot Project Evaluator as partnered with Keller ISD and Tarrant County Courts to Help End Truancy*
- 2007**      **Lena Pope Home**  
**Consultant and Evaluator for Tarrant County Court, Precinct 1**  
**Alongside Judge Swearingen, assisted with project with Keller ISD attempting to reduce truancy through social studies and making referrals to appropriate programs in lieu of fines.**
- 2007 – 2008**      **Millwood Hospital**  
**Individual Adolescent and Family Treatment Planner,**  
**Psychotherapist, and Group Leader**

## Research Experience

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- 2010**      **Hand in Hand Journal Club, Reviewing the recent scientific literature on each of 4 clinical interventions proven effective for young children (ages 0-6) : Nurse-Family Partnership, Parent-Child Interactive Therapy (PCIT), the High/Scope Curriculum, and Incredible Years**

## Honors and Organizations

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<b>2017</b>	<b>Living Magazine, Best Counseling Services Arlington/Mansfield</b>
<b>2016</b>	<b>Mansfield, Texas Counselor of the Year 2016</b>
<b>2015</b>	<b>Mansfield, Texas Counselor of the Year 2015</b>
<b>2014</b>	<b>Mansfield, Texas Counselor of the Year 2014</b>
<b>2010</b>	<b>Biltmore's Who's Who Among Executive &amp; Professional Women</b>
<b>2009 – 2011</b>	<b>Member of Professional Advocate of Tarrant County's United Way</b>
<b>2009 – 2011</b>	<b>Member of the Collaborative Law Institute of Texas</b>
<b>2008 - Current</b>	<b>Member of the American Counseling Association</b>
<b>2007</b>	<b>Biltmore's Who's Who Among Executive &amp; Professional Women</b>
<b>2005 – 2006</b>	<b>Who's Who Among America's Teachers</b>